

Physical Education Makeup Work

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Any student who is absent from a physical education class, for any reason, will be expected to complete the following makeup assignment within 3 days of the absence. If a student is absent multiple days, he or she will be expected to complete the following assignment for each day he or she is absent. All assignments will be collected via the email above. Students who are unprepared will not be given the opportunity to makeup that day.

Directions:

1. Find an article related to health, fitness, nutrition or wellness from a reliable website. The article must be recently posted within the last calendar year. Reliable websites include: nytimes.com; washingtonpost.com; cnn.com and others.

2. Write a summary & reaction using Microsoft Word or Google Docs. At the top include the following:

Your name

Date of the absence

Date makeup work is handed in

Title of article

Author of article

Date of article

Source of article

3. Write a brief summary of the article explaining the author's main point. This should be 3-4 sentences in length.

4. Write a reaction to the news presented in the article. What impact will this new have on you, your community and the world. Cite facts from the article the help explain your reaction. Be detailed in your explanation. Your reaction must be 6-10 sentences in length.

5. Email your summary and reaction to me within 3 days of your absence. Use the email above.

Grading:

Each student's grade will be based on following the instructions above. Each student will receive a 5 out of 5 for the day of your absence. Points will be deducted for missing any important information above. One summary and review must be completed for each day a student is absent.