

## **Physical Education Make-up Work**

Any student who is absent from a physical education class, for any reason, will be expected to complete the following makeup assignment within 3 days of the absence. If a student is absent multiple days, he or she will be expected to complete the following assignment for each day he or she is absent. All assignments will be collected via the email above. Students who are unprepared will not be given the opportunity to makeup that day. It is your responsibility to email (asanchez@kearnyschools.com) or bring them to the female PE office.

### Directions:

- Go to kids [www.kidshealth.org](http://www.kidshealth.org)
- Click on the option that says Teens Site
- Choose a category from the left side of the page
- Once you choose a category a new list of options will appear to the right
- Choose a new category from this list
- Once you choose a new category a list of articles will appear
- Choose an article from this list
- Read the article
- Write a summary & reaction using Microsoft Word. At the top include the following:
  - Your name
  - Date of the absence
  - Date makeup work is handed in
  - Title of article
- Submit 1 article summary for every class missed

### Grading:

Each student's grade will be based on following the instructions above. Each student will receive a 5 out of 5 for the day of your absence. Points will be deducted for missing any important information above. One summary and review must be completed for each day a student is absent.